

Tuning in to Kids

ARE YOU ON THE SAME WAVE LENGTH WITH YOUR CHILD OR THE CHILDREN IN YOUR CARE?

A parent/carer's program in 6 sessions to help you tune in to the child in your care.

Would you like to learn how to:

- » Be better at tuning in to your child's emotions?
- » Be better at understanding your child?
- » Help your child learn to manage their emotions?
- » Teach your child how to deal with conflict?

Feedback has shown that Tuning in to Kids helps children:

- » To calm down when distressed
- » Get along better with other children
- » Express their emotions in more appropriate ways

Who: Parents and carers of young children up to 10 years of age

When: Tuesdays 9.30 am - 12.00 pm
August 2nd - September 6th 2016

Where: Connections
55 Webb St. Narre Warren 3805

Cost: Gold coin donation

Contact: Megan Clarke 03 5990 8400 (Bookings essential)



Connections

child, youth and family services

connections.org.au

