

# Cranbourne West Primary School

## ANAPHYLAXIS POLICY



### Help for non-English speakers

If you need help to understand the information in this policy please contact the Cranbourne West Primary School Administration on 59962878

### There are currently four students with Anaphylaxis Management Plans enrolled at Cranbourne West Primary School

This policy will be used to explain to Cranbourne West Primary School parents, carers, staff and students the processes and procedures in place to support students diagnosed as being at risk of suffering from anaphylaxis. This policy also ensures that Cranbourne West Primary School is compliant with Ministerial Order 706 and the Department's guidelines for anaphylaxis management.

### Scope

This policy applies to:

- all staff, including casual relief staff and volunteers
- all students who have been diagnosed with anaphylaxis, or who may require emergency treatment for an anaphylactic reaction, and their parents and carers.

### School Statement

Cranbourne West Primary School will fully comply with Ministerial Order 706 and the associated guidelines published by the Department of Education and Training.

### Anaphylaxis

Anaphylaxis is a severe allergic reaction that occurs after exposure to an allergen. The most common allergens for school-aged children are nuts, eggs, cow's milk, fish, shellfish, wheat, soy, sesame, latex, certain insect stings and medication.

#### *Symptoms*

Signs and symptoms of a mild to moderate allergic reaction can include:

- swelling of the lips, face and eyes
- hives or welts
- tingling in the mouth.

Signs and symptoms of anaphylaxis, a severe allergic reaction, can include:

- difficult/noisy breathing
- swelling of tongue
- difficulty talking and/or hoarse voice
- wheeze or persistent cough
- persistent dizziness or collapse
- student appears pale or floppy
- abdominal pain and/or vomiting.

Symptoms usually develop within ten minutes and up to two hours after exposure to an allergen, but can appear within a few minutes.

### Implementation

#### **Treatment:**

Adrenaline given as an injection into the muscle of the outer mid-thigh is the first aid treatment for anaphylaxis.

Individuals diagnosed as being at risk of anaphylaxis are prescribed an adrenaline autoinjector for use in an emergency. These adrenaline autoinjectors are designed so that anyone can use them in an emergency.

### **Individual Anaphylaxis Management Plans:**

All students at Cranbourne West Primary School who are diagnosed by a medical practitioner as being at risk of suffering from an anaphylactic reaction must have an Individual Anaphylaxis Management Plan. When notified of an anaphylaxis diagnosis, the Principal or nominee [Student Wellbeing Officer] is responsible for developing a plan in consultation with the student's parents/carers.

Where necessary, an Individual Anaphylaxis Management Plan will be in place as soon as practicable after a student enrolls at Cranbourne West Primary School and where possible, before the student's first day.

#### **Parents and carers must:**

- obtain an ASCIA Action Plan for Anaphylaxis from the student's medical practitioner and provide a copy to the school as soon as practicable
- immediately inform the school in writing if there is a relevant change in the student's medical condition and obtain an updated ASCIA Action Plan for Anaphylaxis
- provide an up-to-date photo of the student for the ASCIA Action Plan for Anaphylaxis when that Plan is provided to the school and each time it is reviewed
- provide the school with a current adrenaline autoinjector for the student that has not expired;
- participate in annual reviews of the student's Plan.

#### **Each student's Individual Anaphylaxis Management Plan must include:**

- information about the student's medical condition that relates to allergies and the potential for anaphylactic reaction, including the type of allergies the student has
- information about the signs or symptoms the student might exhibit in the event of an allergic reaction based on a written diagnosis from a medical practitioner
- strategies to minimise the risk of exposure to known allergens while the student is under the care or supervision of school staff, including in the school yard, at camps and excursions, or at special events conducted, organised or attended by the school
- the name of the person(s) responsible for implementing the risk minimisation strategies, which have been identified in the Plan
- information about where the student's medication will be stored
- the student's emergency contact details
- an up-to-date ASCIA Action Plan for Anaphylaxis completed by the student's medical practitioner.

#### **Review and updates to Individual Anaphylaxis Plans:**

A student's Individual Anaphylaxis Plan will be reviewed and updated on an annual basis in consultation with the student's parents/carers. The plan will also be reviewed and, where necessary, updated in the following circumstances:

- as soon as practicable after the student has an anaphylactic reaction at school
- if the student's medical condition, insofar as it relates to allergy and the potential for anaphylactic reaction, changes
- when the student is participating in an off-site activity, including camps and excursions, or at special events including fetes and concerts.

Our school may also consider updating a student's Individual Anaphylaxis Management Plan if there is an identified and significant increase in the student's potential risk of exposure to allergens at school.

#### **Location of plans and adrenaline autoinjectors:**

##### **There are currently four students with Anaphylaxis Management Plans enrolled at Cranbourne West Primary School**

On enrolment of a student requiring an Anaphylaxis Management Plan, [depending on the age of the students who are at risk of anaphylaxis, the severity of their allergies and the content of their plan,] some students may keep their adrenaline autoinjector on their person, rather than in a designated location. It may also be appropriate to keep copies of the plans in various locations around the school so that the plan is easily accessible by school staff in the event of an incident. Appropriate locations may include the student's classroom, sick bay, the school office or in the materials provided to staff on yard duty.

When students **will not** keep their adrenaline autoinjectors on their person a copy of each student's Individual Anaphylaxis Management Plan will be stored with their ASCIA Action Plan for Anaphylaxis, in the sick bay and the student's classroom, together with the student's adrenaline autoinjector and must be labelled with the student's name.

When students **will keep** their adrenaline autoinjectors on their person a copy of each student's Individual Anaphylaxis Management Plan will be stored with their ASCIA Action Plan for Anaphylaxis in the sick bay and the student's classroom. Students are encouraged to keep their adrenaline autoinjectors on their person. Adrenaline autoinjectors for general use are available in the sick bay [on top of fridge] and are labelled "general use".

### Risk Minimisation Strategies

Risk minimisation strategies that Cranbourne West Primary School will put in place to reduce the possibility of a student suffering from an anaphylactic reaction at school. Strategies will be considered for all school activities, including:

- during classroom activities (including class rotations and specialist classes)
- between classes and other breaks
- in brunch club
- during recess and lunchtimes
- before and after school
- camps and excursions, or at special events conducted, organised or attended by the school (eg. class parties, elective subjects and work experience, cultural days, fetes, concerts, events at other schools, competitions or incursions).

Depending on the age of the ‘at risk’ students and the types of allergies that they may suffer from Cranbourne West Primary School may adopt a number of different strategies. Chapter 8 of the Department’s [Anaphylaxis Guidelines](#) includes detailed risk mitigation strategies that the school may choose to adopt.

To reduce the risk of a student suffering from an anaphylactic reaction at Cranbourne West Primary School, we have currently adopted the following strategies:

- staff and students are regularly reminded to wash their hands after eating
- students are discouraged from sharing food
- garbage bins at school are to remain covered with lids to reduce the risk of attracting insects
- gloves must be worn when picking up papers or rubbish in the playground
- school Brunch Club staff are trained in appropriate food handling to reduce the risk of cross-contamination
- year groups will be informed of allergens that must be avoided in advance of class parties, events or birthdays
- general use EpiPens [adult and junior] will be stored in the First Aid room
- a general use EpiPen will also be available for excursions/camps

### Adrenaline autoinjectors for general use

Cranbourne West Primary School will maintain a supply of adrenaline autoinjectors for general use, as a back-up to those provided by parents and carers for specific students, and also for students who may suffer from a first time reaction at school.

Adrenaline autoinjectors for general use will be stored in the sick bay and labelled “general use”.

The principal [or nominee] is responsible for arranging the purchase of adrenaline autoinjectors for general use, and will consider:

- the number of students enrolled at our school at risk of anaphylaxis
- the accessibility of adrenaline autoinjectors supplied by parents
- the availability of a sufficient supply of autoinjectors for general use in different locations at the school, as well as at camps, excursions and events
- the limited life span of adrenaline autoinjectors, and the need for general use adrenaline autoinjectors to be replaced when used or prior to expiry.
- the weight of the students at risk of anaphylaxis to determine the correct dosage of adrenaline autoinjector[s] to purchase

### Emergency Response

In the event of an anaphylactic reaction, the emergency response procedures in this policy must be followed, together with the school’s general first aid procedures, emergency response procedures and the student’s Individual Anaphylaxis Management Plan.

A complete and up-to-date list of students identified as being at risk of anaphylaxis will be maintained by the school’s First Aid Officer, Helen Neilsen and stored in the sick bay. For camps, excursions and special events, a designated staff member will be responsible for maintaining a list of students at risk of anaphylaxis attending the special event, together with their Individual Anaphylaxis Management Plans and adrenaline autoinjectors, where appropriate.

If a student experiences an anaphylactic reaction at school or during a school activity, school staff must:

Step	Action
1.	<ul style="list-style-type: none"> <li>• Lay the person flat</li> <li>• Do not allow them to stand or walk</li> <li>• If breathing is difficult, allow them to sit</li> <li>• Be calm and reassuring</li> <li>• Do not leave them alone</li> <li>• Seek assistance from another staff member or reliable student to locate the student’s adrenaline autoinjector or the school’s general use autoinjector, and the student’s Individual Anaphylaxis Management Plan, stored in the sick bay [on top of fridge]</li> </ul>

	<ul style="list-style-type: none"> <li>If the student's plan is not immediately available, or they appear to be experiencing a first time reaction, follow steps 2 to 5</li> </ul>
2.	<p><b>Administer an EpiPen or EpiPen Jr</b></p> <ul style="list-style-type: none"> <li>Remove from plastic container</li> <li>Form a fist around the EpiPen and pull off the blue safety release (cap)</li> <li>Place orange end against the student's outer mid-thigh (with or without clothing)</li> <li>Push down hard until a click is heard or felt and hold in place for 3 seconds</li> <li>Remove EpiPen</li> <li>Note the time the EpiPen is administered</li> <li>Retain the used EpiPen to be handed to ambulance paramedics along with the time of administration</li> </ul> <p><b>OR</b></p> <p><b>Administer an Anapen 500, Anapen 300 or Anapen Jr.</b></p> <ul style="list-style-type: none"> <li>Pull off the black needle shield</li> <li>Pull off the grey safety cap [from the red button]</li> <li>Place needle end firmly against the student's outer mid-thigh at 90 degrees [with or without clothing]</li> <li>Press red button so it clicks and hold for 3 seconds</li> <li>Remove Anapen</li> <li>Note the time the Anapen is administered</li> <li>Retain the used Anapen to be handed to ambulance paramedics along with the time of administration</li> </ul>
3.	Call an ambulance (000)
4.	If there is no improvement or severe symptoms progress (as described in the ASCIA Action Plan for Anaphylaxis), further adrenaline doses may be administered every five minutes, if other adrenaline autoinjectors are available.
5.	Contact the student's emergency contacts.

If a student appears to be having a severe allergic reaction but has not been previously diagnosed with an allergy or being at risk of anaphylaxis, school staff should follow steps 2 – 5 as above.

Schools can use either the EpiPen or the Anapen on any student suspected to be experiencing an anaphylactic reaction, regardless of the device prescribed in their ASCIA Action Plan.

Where possible, schools should consider using the correct dose of adrenaline autoinjector depending on the weight of the student. However, in an emergency if there is no other option available, any device should be administered to the student.

**Note: If in doubt, it is better to use an adrenaline autoinjector than not use it, even if in hindsight the reaction is not anaphylaxis. Under-treatment of anaphylaxis is more harmful and potentially life threatening than over-treatment of a mild to moderate allergic reaction. Refer to Frequently Asked Questions on the Resources tab of the Departments Anaphylaxis Policy.**

**Communication Plan**

This policy will be available on the Cranbourne West Primary School website so that parents and other members of the school community can easily access information about our school's anaphylaxis management procedures. The parents and carers of students who are enrolled at Cranbourne West Primary School and are identified as being at risk of anaphylaxis will also be provided with a copy of this policy.

This policy will be included in the Staff Handbook produced annually for all members of staff and as part of the induction pack for new staff members.

The School Anaphylaxis Supervisor, Helen Neilsen, is responsible for ensuring that all relevant staff, including casual relief staff and volunteers are aware of this policy and Cranbourne West Primary School's procedures for anaphylaxis management. Casual relief staff and volunteers who are responsible for the care and/or supervision of students who are identified as being at risk of anaphylaxis will also receive a verbal briefing on this policy, their role in responding to an anaphylactic reaction and where required, the identity of students at risk from the School Anaphylaxis Supervisor.

The Principal [or nominee] is also responsible for ensuring relevant staff are trained and briefed in anaphylaxis management, consistent with the Department's Anaphylaxis Guidelines.

**Staff Training**

Staff at Cranbourne West Primary School will receive appropriate training in anaphylaxis management, consistent with the Department's *Anaphylaxis Guidelines*.

Staff who are responsible for conducting classes that students who are at risk of anaphylaxis attend, and any further staff that the principal identifies, must have completed:

- an approved face-to-face anaphylaxis management training course in the last three years, or

- an approved online anaphylaxis management training course in the last two years.

Cranbourne West Primary School uses the Australia Pacific Training Solutions group for approved staff training modules [Course Nos, CPR/HLTAID 001, ANA/ASTHMA refresh, First Aid HLT AID 003]]

Staff are also required to attend a briefing on anaphylaxis management and this policy at least twice per year, [with the first briefing to be held at the beginning of the school year] facilitated by a staff member [School Anaphylaxis Supervisor, Helen Neilsen who has successfully completed an anaphylaxis management course within the last 2 years. Each briefing will address:

- this policy
- the causes, symptoms and treatment of anaphylaxis
- the identities of students with a medical condition that relates to allergies and the potential for anaphylactic reaction, and where their medication is located
- how to use an adrenaline autoinjector, including hands on practice with a trainer adrenaline autoinjector
- the school's general first aid and emergency response procedures
- the location of, and access to, adrenaline autoinjectors that have been provided by parents or purchased by the school for general use.

When a new student enrolls at Cranbourne West Primary School who is at risk of anaphylaxis, the principal [or nominee] will develop an interim plan in consultation with the student's parents and ensure that appropriate staff are trained and briefed as soon as possible.

A record of staff training courses and briefings will be maintained which includes the names of the staff who have undertaken the training course and the date the training is due for renewal, as well as the names of the staff who attended the twice yearly briefing to staff.

The Principal [or nominee] will ensure that while students at risk of anaphylaxis are under the care or supervision of the school outside normal class activities, including in the school yard, at camps and excursions or at special event days, there is a sufficient number of school staff present who have been trained in anaphylaxis management.

**Further information and resources**

- School Policy and Advisory Guide:
  - [Anaphylaxis](#)
- Allergy & Anaphylaxis Australia
- ASCIA Guidelines: [Schooling and childcare](#)
- Royal Children's Hospital: [Allergy and immunology](#)
- Cranbourne West Primary School First Aid Policy
- Cranbourne West Primary School Health Care Needs policy

This policy may be viewed:

- School's website
- Sentral Parents Platform
- Staff Induction documentation
- Staff Handbook
- A hard copy may be requested from the school office

**Review cycle and evaluation**

This policy will be reviewed annually as per DET guidelines

The Principal [or nominee] will complete the Department's Annual Risk Management Checklist for anaphylaxis management to assist with the evaluation.

**POLICY REVIEW AND APPROVAL**

<a href="#">Policy last reviewed</a>	June 2023
<a href="#">Approved by</a>	Principal
<a href="#">Next scheduled review date</a>	June 2024

